University of Virginia Health System

Department of Psychiatry and Neurobehavioral Sciences

AD ASTRA

January 2010

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AD ASTRA IS BACK!

AFTER AN EIGHT MONTH HIATUS, AD ASTRA HAS RETURNED!

***AD ASTRA* is a quarterly newsletter created by the University of Virginia, Department of Psychiatry and Neurobehavioral Sciences. Our purpose is to keep the department informed of people and events that make this department at UVA extraordinary while promoting dialogue between researchers and staff.**

PAGES 6-9 OF THIS ISSUE ARE DEDICATED TO ALL OF THE MANY PRESENTATIONS, PUBLICATIONS AND POSTERS AUTHORED BY DEPARTMENT MEMBERS OVER THE LAST EIGHT MONTHS. CONGRATS TO ALL!

Jim Tucker on Larry King Live

Our very own Dr. Jim Tucker was featured on Larry King Live on December 22, 2009. He was interviewed by Jeff Probst, host of CBS's 'Survivor'. Read the transcript below:

PROBST: You're watching LARRY KING LIVE. I'm Jeff Probst, sitting in for Larry tonight. We're joined by Dr. Jim Tucker, assistant professor of psychiatry and neurobehavioral sciences at the University of Virginia. He is a child psychiatrist, and he has studied over 2,500 cases of reincarnation memories in kids. He's also the author of "Life Before Life." And here to explain reincarnation memories and what he's learned from years of research.

You heard the story of James, young boy, thinks he was in World War II. Is this a similar story to what you researched with the kids?

TUCKER: It is. I haven't studied all 2,500 cases, but at UVA, we've been studying them for nearly 50 years. And what we have found is that kids from all over the world report very similar things at around the age of two or three. They start coming out with these stories about how they lived before. Some of them give a lot of details like James has. Some give much fewer. But it's a very similar phenomenon. It takes place in places where there's belief in reincarnation, but also in places and in families who have never given it a second thought before in their lives.

PROBST: In some of these cases, the kids have similar scars to the people that they are reincarnated from?

TUCKER: That's right. Several hundred of them have had birthmarks or birth defects that match wounds, usually the fatal wound on the body of the previous person. And what we've done with some of them -- Ian Stevenson, who started the work, has done most of this. He was able to get autopsy

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Administration Spotlight on *Maecy Bingler*

Maecy Bingler joined the Department of Psychiatry in July of 2009 as Program Coordinator of the Excelsior Program.

Although Maecy has only been with the department for a short time, she has taken on duties outside of the Excelsior Program, such as effort reports for the department and pre-award grant related tasks.

Maecy enjoys taking on a variety of tasks to make each day interesting. She embraces the opportunity to learn new things as well as the opportunity to meet more people within the UVA community. Maecy was born and raised in Charlottesville and has watched UVA change and grow. "It has been really exciting being a part of this community."

Maecy returned to Charlottesville after earning both her Bachelor and Master degrees in Business Administration at Radford University. She has aspirations of earning a PhD, but is holding off for now to take a well deserved break from school. *(continued on page 9)*

Welcome New Employees!

Faculty

Leah Farrell, Ph.D. - Research Associate, Dr. Ritterband's Behavioral Health and Technology Program - 8/31/09
Susan Doyle, Ph.D. - Research Scientist, Dr. Lynch's Lab - 11/8/09
J. Nile Wagley, M.D. - Post-Doctoral Fellow—Fall 2009
Edward Modestino, Ph.D. - Research Associate, Division of Perceptual Studies - 1/4/10

Staff

Sandip Kulkarni, Ph.D. - Research Associate, Dr. Kovatchev's group - 1/4/10
Lauren Barnett - Project Coordinator, Dr. Cox's Lab
Aly Curmachi - Project Coordinator, Dr. Ritterband's Lab
Nicky Hamlin - Lab Coordinator, Dr. Li's Lab
Vivian Hofler - Lab Coordinator, Dr. Lynch's Lab
Katherine Beckett - Research Specialist, Dr. Li's Lab
Maecy Bingler - Excelsior Program Coordinator
Megan Greear - Research Specialist, Behavioral Medicine research
Katelyn Hobbs - Receptionist for UVA CARE (Charlottesville)
Ataine Ibia - Research Specialist, Behavioral Medicine research
Justin Jackson - Research Specialist, Dr. Ingersoll's Lab
Amruta Joshi - Research Specialist, Dr. Haughey's studies
Ann Richards - Research Specialist for the Chair
Chris Shaw - Research Specialist, UVA CARE (Richmond)
Andrew Van der Vaart - Research Specialist, Dr. Li's Lab

Promotions that took effect on July 1, 2009

Boris Kovatchev - Professor
Lora Baum - Associate Professor
Kim Penberthy - Associate Professor
Lee Ritterband achieved tenure status at the Associate Professor rank

Meet our Fellows
Dr. Edward J. Modestino

Dr. Edward J. Modestino joined the Division of Perceptual Studies in January 2010 as a postdoctoral fellow. Ed received his Ph.D. in December 2009 from the Center for Complex Systems at Florida Atlantic University, based on a dissertation using high-resolution EEG neuroimaging methods. He also had extensive experience with functional magnetic resonance imaging (fMRI) during his masters-level work at the University of Pennsylvania.

...Jim Tucker continued from page 1

reports from a lot of the people whose lives the kids seem to remember and to match up just how well the birthmark or the birth defect matches with the wounds the previous person had.

PROBST: Were you able to chart the time between, you know, death and reincarnation?

TUCKER: Well, it varies. The average time is only about 15 or 16 months in our cases. So for the kids who seem to come back with intact memories, the time span tends to be very short. James is an exception of that. We're talking about 50 years. We have others like that. In general, it tends to be quite quick.

PROBST: A study is one thing. Believing in that study that there's a result is another. Has this convinced you these are real?

TUCKER: Well, I think if you look at the strongest cases that they provide pretty substantial evidence that something has gone on here, that there can be this carry-over of memories and emotions that seem to survive after a body has died and then carry-on in another child.

PROBST: All right. Do you talk about life after death? Why some people don't take it seriously and why they should, when LARRY KING LIVE returns.

Meet our Residents
Dr. Niels C. Nielsen

Dr. Niels C. Nielsen is finishing his residency in psychiatry and is also one of the chief residents. He joined us in 2006, after having worked in an emergency setting in Brazil, his home country, for a few years. Since early in residency Niels has been involved with numerous projects in curriculum development, training, clinical documentation, billing, and much more. He was the first resident in our department to enroll in the psychotherapy track of the psychiatry residency and is very passionate about it. Niels has spent most of his fourth year of residency doing therapy, and finds having the ability to combine psychotherapy to the use of medications absolutely essential. During his residency he had the opportunity to meet Major Sam Cochran, from the Memphis Police Department, who created a new model for training police officers to respond to people in crisis called CIT - Crisis Intervention Team. This experience inspired Niels to become involved with CIT and he later became a trainer for our local CIT program. Niels has assisted with the training of over 100 officers from all over the state of Virginia so far. This experience has led Niels to getting involved in advocacy, having actively served in the Psychiatric Society of Virginia.

In his spare time Niels enjoys hiking, visiting

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Mark Your Calendar

Friday Neurobiology Lab Seminar Series

Winter/Spring 2010

Department of Psychiatry & NB Sciences
Center for Addiction Research & Education
Neurobiology Section Seminars

UVA North Fork Research Park
Location: UVA CARE Conference Room
Time and Date: 12:00pm - 1:00pm; Every other Friday
Boxed Lunch

February 5th
Out of the smoke: Evaluating the effects of harm reduced tobacco products on human health
Michael P. Timko, Ph.D.
Department of Biology

February 19th
Leah Farrell, Ph.D

March TBD
Nassima Ait-Daoud Tiouririne, M.D.

March 26th
TBD

April 9th
The effect of nicotine on Toll-like Receptor pathways
Wenyan Cui, Ph.D.

April 23rd
Susan Doyle, Ph.D.

Grand Rounds

1/26/2010
Andy Thomson, M.D.
TOPIC: Why You Believe in God(s): The Cognitive Neuroscience of Religious Beliefs

2/23/2010
Amanda J. Winter, M.D.
TOPIC: Post Partum Mental Health Issues

3/23/2010
David V. Hamilton, M.D.
TOPIC: Forensic Psychiatry

4/27/2010
Scott Beach, M.D.
TOPIC: Resident Attitudes and Beliefs about Delirium

May
No Grand Rounds
APA

June
TBA

Clinical Trial Announcement

Dr. Anita Clayton's Center for Psychiatry Clinical Research would like to invite all physicians to consider these clinical trials for their patients who may be eligible. We currently have clinical trials for:

Bipolar I Depression
Potential subjects must be currently depressed, have a history of previous pharmacological treatment during a manic episode, and no other Axis I diagnoses.

Hypoactive Sexual Desire Disorder
Potential subjects must be surgically or naturally post-menopausal and cannot have other Axis I diagnoses.

If you think you have a patient who would benefit from being in one of our trials, please contact:

Rachel Bailey, MS (243-4631)
or
Royanne Dell, CCRC (243-4655)
or
Email **clinicaltrials@virginia.edu**

CURRENT ENROLLING STUDIES
IRB-HSR#13134, 13557, and 14764

Awards, Appointments and Honors

Drs. Bankole Johnson, Eileen P. Ryan and **Bruce Greyson** were recognized among the "Best Doctors in America" for 2009-2010" by Best Doctors Inc.

Dr. Wendy Lynch was named National Academy of Sciences Kavli Fellow as well as Elected Member at Large for the American Psychological Association's Division 28 (Psychopharmacology and Substance Abuse) for 2009.

Dr. Donna K. Broshek was named the Chair of the National Academy of Neuropsychology Women In Leadership Committee.

Dr. Jeffrey T. Barth was appointed to the American Academy of Neurology Sports Concussion Guideline Author Panel on Practice Parameters **AND** also to the National Football League Players Association Concussion Committee.

Dr. Bruce Greyson was named a Distinguished Life Fellow of the American Psychiatric Association.
(continued on page 10)

Grants

Dr. Daniel Murrie: Grant funded 1/10— 12/11: Why do forensic evaluators with access to the same information come to different conclusions when retained by opposing sides in legal proceedings?
Funded by: National Science Foundation
Support: $300,000 over two years

Dr. Wendy Lynch: Grant funded 1/09 — 6/12: Exercise as a prevention and cessation strategy for nicotine use in adolescents. Virginia Youth Tobacco Program for Research on the Causes and Prevention of Youth Tobacco Use. Co-Investigator; $228,156 (total direct).

Drs. Donna Broshek, Jason Freeman and Jeffrey Barth: Grant funded 12/09—11/10: Remote, Continuous Gait Assessment for Improved Diagnosis of Normal Pressure Hydrocephalus: UVA Biomedical Innovation Fund

Drs. Carlos Alvarado and Nancy Zingrone: Apparitional Experiences: Relationship to Dreams and Parapsychological Experiences. (Perrott Warrick Fund, 2009).

Dr. Carlos Alvarado: Development of a Scale to Measure Out-of-Body Experiences. (Parapsychological Association, 2009).

Dr. Bruce Greyson; Fountain, Nathan**; Dr. Donna Broshek; & Dr. Lori Derr:** Subjective Experiences During Seizures. (Fundação Bial, 2009).

Drs. Nancy Zingrone & Carlos Alvarado: Absorption Experiences and Their Relationships to Dreams, Imaginary Companions, and Parapsychological Experiences. (Fundação Bial, 2009).

Dr. Nancy Zingrone: Compilation of a New Collection of Cases of Out-of-Body Experiences. (Society for Psychical Research, 2009).

Announcement

Learning Expert Testimony Through a Mock Trial will be Friday, January 29, 2010

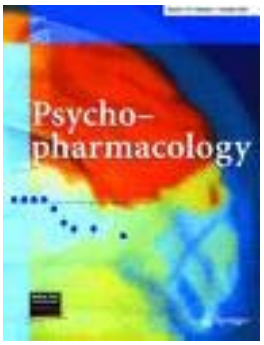
This interactive seminar will begin with training lectures on testimony, and then emphasize a small group exercise guided by experts experienced in providing courtroom testimony. Participants will review a case and work in interdisciplinary teams to prepare for testimony and cross examination. Participants who are willing to testify in a mock trial will have opportunity to do so, and all participants will observe and discuss the trial.
The program will be held at the Harrison Institute-Small Auditorium on the historic Grounds of the University of Virginia. Please join us in this lovely setting for a dynamic seminar (http://www2.lib.virginia.edu/harrison/LocationDirections.html).

The program will begin at 9:30 AM to allow participants to drive in that morning, and will conclude by 4:30 PM, allowing departure before the local rush hour.

Registration form: Register-ILPPP_2008-09.pdf

Continuing Education Information is found at: http://www.ilppp.virginia.edu/continuing-education.html

Presentations, Publications & Posters



Ait-Daoud, N, Roache, JD, Dawes, MA, **Liu, L**, **Wang, X-Q**, Javors, MA, **Seneviratne, C**, **Johnson, BA**: Can serotonin transporter genotype predict craving in alcoholism? *Alcoholism: Clinical and Experimental Research* 33 (8): 1329-1335, 2009.

Seneviratne, C, Ait-Daoud, N, Ma, JZ, Chen, G, Johnson, BA, Li, MD: Susceptibility locus in neurokinin-1 receptor gene associated with alcohol dependence. *Neuropsychopharmacology* 34 (11): 2442-2449, 2009.

Dawes, MA, Roache, JD, Javors, MA, Bergeson, SE, Richard, DM, Mathias, CW, **Ait-Daoud**, N, Dougherty, DM, **Johnson, BA**: Drinking histories in alcohol-use-disordered youth: preliminary findings on relationships to platelet serotonin transporter expression with genotypes of the serotonin transporter. *Journal of Studies on Alcohol and Drugs* (in press).

Alvarado, CS (2009). Modern animal magnetism: The work of Alexandre Barety, Emile Boirac, and Julian Ochorowicz. *Australian Journal of Clinical & Experimental Hypnosis, 37*, 75-89.

Alvarado, CS (2009). Ambroise August Liébeault and psychic phenomena. *American Journal of Clinical Hypnosis, 52*, 111-121.

Alvarado, CS (2009). Early and modern developments in the psychological approach to out-of-body experiences. In C.D. Murray (Ed.), *Psychological Scientific Perspectives on Out-of-Body and Near-Death Experiences* (pp. 1-22). New York: Nova Science.

Our department has been busy...over 40 presentations, publications and posters listed in this issue!

Alvarado, CS (2009). Late nineteenth and early twentieth century discussions of animal magnetism. *International Journal of Clinical and Experimental Hypnosis, 57*, 366-381.

Zingrone, NL, & Alvarado, CS (2009). Pleasurable Western adult near-death experiences: Features, circumstances, and incidence. In Holden, J.M., Greyson, B., and James, D. (eds.), *Handbook of Near-Death Experiences: Thirty Years of Investigation* (pp. 17-40). Santa Barbara, CA, US: Praeger/ABC-CLIO.

Zingrone, NL, Alvarado, CS, & Agee, N (2009). Psychological correlates of aura vision: Psychic experiences, dissociation, absorption, and synaesthesia-like experiences. *Australian Journal of Clinical & Experimental Hypnosis, 37*, 131-168.

Bailey, CM, Tussey, C, & Marcopulos, BA (2009, June). Symptom validity tests in an inpatient psychiatric population: Performance versus symptom report. Poster presented at the 7th Annual Conference of the American Academy of Clinical Neuropsychology, San Diego, CA.

Bailey, CM, Denney, RL, & Marcopulos, BA (2009, November). Performance of the test of Memory Malingering (TOMM) and the Word Memory test (WMT) in criminal medical and psychiatric settings. Poster presented at the 29th Annual Meeting of the National Academy of Neuropsychology, New Orleans, LA.

...More Presentations, Publications & Posters

Tussey, C, Bailey, CM, & Marcopulos, BA (2009, November). Evaluating suspect intellectual deficits: The utility of the Structured Inventory of Malingered Symptomatology (SIMS) in an inpatient psychiatric setting. Poster presented at the 29th Annual Meeting of the National Academy of Neuropsychology, New Orleans, LA.

Barth, JT, Camiolo, C., and Zafonte, R. (2009). Sports concussion in an adolescent. *Journal of Physical Medicine and Rehabilitation,* 1, 769-773.

Barth, JT. Concussion in sports and combat blast injuries (2009). Defense and Veterans Brain Injury Center, website: www.dvbic.org.

Barth, JT, Isler, W., Helmick, C., & Wingler, I. (in press). Acute battlefield assessment of concussion/mTBI and return to duty evaluations. In C. Kennedy (Ed.) Military Neuropsychology.

Bailey, CM, **Barth, JT, Bender, SD** (2009). SLAM on the stand: How the sports-related concussion literature can inform the expert witness. *Journal of Head Trauma Rehabilitation*, 24(2), 123-130.

Bush, SS, Pimental, PA, Ruff, RM, Iverson, GL, **Barth, JT, Broshek, DK.** (2009). Secretive recording of neuropsychological testing and interviewing: Official position of the National Academy of Neuropsychology. *Archives of Clinical Neuropsychology*, 24, 1-2.

Susskind, O., **Barth, JT** and The Management of Concussion/mTBI Working Group (2009). VA/DoD Clinical Practice Guideline for Management of Concussion/mild TBI. *Journal of Rehabilitation Research and Development*, 46, 6, CP1-CP68.

Attix, D, Story, Chelune, G, Ball, JD, Stutts, M, Hart, R, **Barth, JT** (2009). Prediction of Change: Normative neuropsychological trajectories. *The Clinical Neuropsychologist*, 23, 21-38.

Bailey, CM, Samples, HL, **Broshek, DK, Barth, JT, Freeman, JR** (2009). The Influence of Psychological Symptoms on Baseline Concussion Testing. *Archives of Clinical Neuropsychology,* 24, 502.

Ruff, RM, Troster, AI, Bush, SS, **Barth, JT,** Silver CH, Koffler, and **Broshek, DK** (2009). Recommendations for diagnosing a mild traumatic brain injury: A National Academy of Neuropsychology Education Paper. *Archives of Clinical Neuropsychology*, 24, 3-10.

Judd, T, Capetillo, D, Carrion-Baralt, J, Marmol, LM, San Miguel-Montes, L, Navarrete, MG, Puente, AE, Romero, HR, Valdez, J, Ruff, RM, Iverson, GL, **Barth, JT, Broshek, DK**, et al (2009). Professional considerations for improving the neuropsychological evaluation of Hispanics: National Academy of Neuropsychology Education Paper. *Archives of Clinical Neuropsychology.*

Heilbronner, RL, Bush, SS, Ravdin, LD, **Barth, JT**, Iverson, GL, Ruff, RM, Lovell, MR, Barr, WB, Echemendia, RJ, **Broshek, DK** (2009). Neuropsychological consequences of boxing and recommendations to improve safety: A National Academy of Neuropsychology educational paper. *Archives of Clinical Neuropsychology*, 24(1), 11-19.

Harvey, D., **Freeman, JR, Broshek, DK & Barth, JT** (in press). Sports Injuries. In Silver JM, McAllister TW and Yodufsky SC (Eds.) Textbook of Traumatic Brain Injury (2nd Edition).

Bailey, CM, Samples, HL, Broshek, DK, Barth, JT, & Freeman, JR. The Influence of Psychological Symptoms on Baseline Concussion Testing. Poster presented at the Annual Conference of the National Academy of Neuropsychology, November 13th, 2009.

Bailey, CM, Samples, HL, Broshek, DK, Barth, JT, Freeman, JR (2009). The Influence of Psychological Symptoms on Baseline Concussion Testing. *Archives of Clinical Neuropsychology,* 24, 502 (published abstract).

Clayton, AH, et al. An integrated Analysis of the Safety and Tolerability of Desvenlafaxine Compared with Placebo in the Treatment of Major Depressive Disorter. *CNS*, 14:4, April 2009.

...More Presentations, Publications & Posters

Clayton, AH, et al. Validation of the Decreased Sexual Desire Screener (DSDS): A Brief Diagnostic Instrument for Generalized Acquired Female Hypoactive Sexual Desire Disorder (HSDD). *Journal Sexual Medicine*, 6:730-738, 2009.

Clayton, AH, Balon, R. The Impact of mental Illness and Psychotropic medications on Sexual Functioning: The Evidence and Management. *Journal Sexual Medicine*, 6:1200-1211, 2009.

Yarlagadda, A, **Clayton, AH.** Update on Blood Brian Barrier. Role of Cholinergic System and Calcium Synchronization in Schizophrenia. *Psychiatry*. 6(4)51-55, 2009.

Hobgood, CD, **Clayton, AH.** Sertraline in the Treatment of Panic Disorder. *Drugs Today* (Barc), 45 (5):351-61, May 2009.

Goldfischer, ER, **Clayton, AH**, et al. Decreased Sexual Desire Screener (DSDS) for Diagnosis of Hypoactive Sexual Desire Disorder in Women. Obstetrics and Gynecology, 111:109, 2008.

Greyson, B (2010). Near-death experiences. In Wulff, David M. (ed.), *Handbook of the Psychology of Religion.* New York: Oxford University Press.

Greyson, B (2009). Near-death experiences and death-bed visions. In Kellehear, A (ed.), *The Study of Dying* (pp. 251-273). Cambridge, England: Cambridge University Press.

Greyson, B (2009). Near-death experiences and the physio-kundalini syndrome. In Hughes, Amy (ed.), *Kundalini Rising* (pp. 173-183). Boulder, CO: Sounds True.

Greyson, B, Kelly, EW, & Kelly, EF (2009). Explanatory models for near-death experiences. In Holden, Janice M.; Greyson, Bruce; and James, Debbie (eds.), *Handbook of Near-Death Experiences: Thirty Years of Investigation* (pp. 213-234). Santa Barbara, CA, US: Praeger/ABC-CLIO.

Holden, JM, **Greyson, B,** & James, D (eds.). (2009). *Handbook of Near-Death Experiences: Thirty Years of Investigation*. Santa Barbara, CA, US: Praeger/ABC-CLIO, 316 pp.

Nahm, M, & **Greyson, B** (2009). Terminal lucidity in patients with chronic schizophrenia and dementia: A survey of the literature. *Journal of Nervous & Mental Disease, 197,* 942-944.

Holden, JM. **Greyson, B,** & James, D. (2009). The field of near-death studies: Past, present, and future. In Holden, Janice M.; Greyson, Bruce; and James, Debbie. (eds.), *Handbook of Near-Death Experiences: Thirty Years of Investigation* (pp. 1-16). Santa Barbara, CA, US: Praeger/ABC-CLIO.

Kelly, EF, Kelly, EW, Crabtree, A, Gauld, A, Grosso, M, & **Greyson, B** (2009). *Irreducible Mind: Toward a Psychology for the 21st Century.* Lanham, MD: Rowman & Littlefield, 800 pp.

Kelly, EW (2010). *Where Science and Religion Intersect: Selected Writings of Ian Stevenson.* Houston: Rice University Press.

Lynch WJ, (2009) Sex and ovarian hormones influence vulnerability and motivation for nicotine during adolescence in rats. *Pharmacol Biochem Behav*. 94:43-50

Breslin FJ, Johnson BA, Lynch WJ (2009) Effect of topiramate treatment on ethanol consumption in rats. *Psychopharmacology* (Berl). [Epub ahead of print]

Angarita GA, Pittman B, Gueorguieva R, Kalayasiri R, **Lynch WJ,** et al (2009) Regulation of cocaine self-administration in humans: Lack of evidence for loading and maintenance phases. *Pharmacol Biochem Behav*. [Epub ahead of print]

Abdolahi, A, Acosta, G, **Breslin, FJ,** Hemby, SE, & **Lynch, WJ** (in press) Incubation of nicotine seeking is associated with enhanced D1/PKA-regulated signaling in the insular cortex. *Eur J Neurosci*.

...More Presentations, Publications & Posters

Murrie DC, Henderson, C, et al (2009). Psychiatric symptoms among juveniles in adult prison. *Psychiatric Services*, 60, 1092-1097.

Murrie, DC, Boccaccini, MT, & **Tussey, C** (2009). Rater (dis)agreement on risk assessment measures in sexually violent predator proceedings: Evidence of adversarial allegiance in forensic evaluation? *Psychology, Public Policy, and Law, 15, 19-53.*

Boccaccini, MT, **Murrie, DC,** et al (in press). Predicting recidivism with the Personality Assessment Inventory among sex offenders screened for civil commitment as sexually violent predators. *Psychological Assessment*.

Boccaccini, MT, **Murrie, DC,** et al (2009). Field Validity of the STATIC-99 among Sex Offenders Evaluated for Civil Commitment as Sexually Violent Predators. *Psychology, Public Policy, and Law, 15,* 278-314.

Matsuo K, **Nielsen N,** Nicoletti MA, Hatch JP, Monkul ES, Watanabe Y, Zunta-Soares GB, Nery FG, Soares JC (2009) Anterior genu corpus callosum and impulsivity in suicidal patients with bipolar disorder. *Neurosci Lett* (in press)

Robeva R, **Penberthy JK** (2009) Bayesian probability approach to ADHD appraisal. *Methods Enzymol* 467:357-380.

Vaughan, MD, Waehler, CA (2009) Coming out growth: Conceptualizing and measuring stress-related growth associated with coming out to others as a sexual minority. *Journal of Adult Development*.

Contracts

Neurocognitive Assessment Laboratory

Increased Athletics Contract for this fiscal year by 10% to $75K that reflects extended services provided by attendings and fellows.

Developed Memorandum of Understanding with Transplant Services that will reimburse non-billable neuropsychological services to the Transplant Divisions, estimated to be about 10K per annum. The hope is that we will build this to a Neuropsychological Directorship within the Transplant Divisions over time.

...Administration Spotlight continued from page 2

During her free time Maecy enjoys being outdoors, whether it be camping, hiking, or just walking in the park with her fiancé, Brad, and their dog, Lola. She also enjoys wine; going to wine tastings, finding new wines to pair with meals, and learning about wine history. And when she wants to take some time to herself and relax, she takes pleasure in reading books, especially anything by Augusten Burroughs or Alice Sebold.

...Meet our Residents continued from page 3

Washington DC with friends, playing drums, piano and guitar. He also plays the flute and has a collection of 29 flutes from all over the world! His new passion is making glass art, and he looks forward to creating new pieces when he rents a studio in Charlottesville to do his work. After graduating in June, he will join the faculty at Washington State University, where he will spend his time seeing students and the general public. "I feel very lucky for all that I have learned here, and owe it all to our faculty and the amazing supervisors I've had over the years", he notes.

UNIVERSITY of VIRGINIA HEALTH SYSTEM
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Edited by Ann E. Richards

Please remember to email your stories and other information to Ann Richards for the next Ad Astra issue.

AD ASTRA **is a quarterly newsletter created by the University of Virginia, Department of Psychiatry and Neurobehavioral Sciences. Our purpose is to keep the department informed of people and events that make this department at UVA extraordinary while promoting dialogue between researchers and staff.**

...More Awards and Honors *continued from page 5*

Edward Strickler was appointed to the Virginia Human Rights Council by Governor Timothy Kaine.

UVA Young Scientist Training Award Winners:

Dr. Pooja Sabharwal - Do Housestaff and Faculty feel adequately trained in indentifying and treating common psychiatric disorders in pediatric populations?

Dr. Adrienne Turner - Information Seeking Behavior of Child and Adolescent Patients and Their Families.

Welcome Elin Jane McCarthy

Jenny Hettema and Matt McCarthy welcomed their new daughter **Elin Jane McCarthy**. She was born November 29, 2009 and has a big brother at home named Riley.

THANK YOU!

Thank you to the Department for its generosity yet again this holiday season. This year we brought holiday cheer to a mother and her four children. We were able to get everything on their wish lists including a new bike for each child. The family was very grateful and extremely happy as the children jumped around the house when the gifts were delivered. A special thanks to *Teresa Woodson* for organizing the event . Everyone's generosity was truly appreciated!

AD ASTRA