University of Virginia Health System

Department of Psychiatry and Neurobehavioral Sciences

AD ASTRA

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Women'sHealth Magazine Names Dr. Canterbury as One of America's Top Doctors for Women

In the November 2008 edition of Women'sHealth magazine, **Dr. Randolph Canterbury II, M.D.** was listed, along with three other physicians, as being one of the top doctors for women in the south for psychiatry. The article, written by Jennifer Rainey Marquez, described the intense process that was used in selecting the top four candidates for each region based on specialty areas such as: Cardiology, Dermatology, Cancer Care, Endocrinology, Gastroenterology, Infertility, Neurology, Ob-Gyn, Orthopedics and Psychiatry.

The selection process was made by a physician-led team of researchers working for Castle Connolly, a publisher of top physician and top hospital rankings. The rigorous screening process utilized mail and telephone surveys, as well as electronic ballots, in asking physicians and the medical leadership at leading hospitals to identify exceptional physicians. Dr. Canterbury appears on the Women'sHealth list as one of the best doctors for women for psychiatry in the south with an emphasis on panic disorder, depression and substance abuse. The other three physicians listed are: Diana Dell, M.D. of Duke University Medical Center, Robert Hirschfield, M.D. of the University of Texas Medical Branch Hospital at Galveston and, finally, Richard Weisler, M.D. of Duke University Medical Center. Dr. Canterbury is the only physician on this list with a specialty in substance abuse.

Women'sHealth

Department of Psychiatry and Neurobehavioral Sciences

Dr. Lee Ritterband to Travel Down Under

Lee Ritterband, Ph.D., the Director of Behavioral Health and Technology, has accepted a summer fellowship at Australian National University College of Medicine and Health Sciences and the Center for Mental Health Research. While Dr. Ritterband will be collaborating on a variety of eHealth projects, the development and examination of Internet interventions will be at the forefront of the fellowship. Faculty at Australian National University are world leaders in the creation and testing of mental health web-based treatment programs, specifically in the area of depression and anxiety. ANU is most well recognized for their MoodGYM program which has been documented in many popular press articles.

While in Australia, Dr. Ritterband will also be meeting with other colleagues at Swinburne University in Hawthorn, the University of South Wales in Sydney and the Combined Universities Centre for Rural Health in Perth. While traveling throughout Australia, Dr. Ritterband also plans to work on a book that he is co-editing with other faculty titled, "*Oxford Guide to Low Intensity CBT Intervention*." The manuscript is scheduled to be released at the World Congress of CBT in Boston, June 2010.

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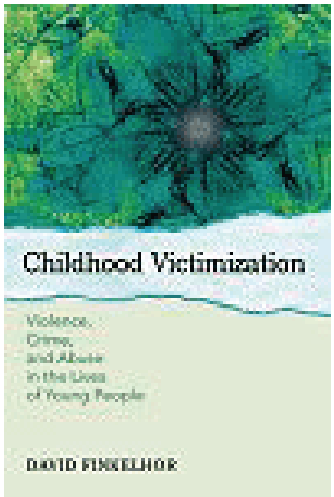
ILPPP SEMINAR

Institute of Law, Psychiatry and Public Policy, University of Virginia

What We Really Know About Childhood Sexual Abuse & Its Impact Over the Lifespan

with David Finkelhor, PhD, University of New Hampshire

December 5, 2008, Charlottesville, VA Professor David Finkelhor presented a day of training based on research and findings presented in his new book, Childhood Victimization: Violence, Crime, and Abuse in the Lives of Young People, just published by Oxford University Press (2008).



Professor Finkelhor is Director of the Crimes against Children Research Center, Co-Director of the Family Research Laboratory and Professor of Sociology at the University of New Hampshire. He has been studying the problems of child victimization, child maltreatment and family violence since 1977, and has written about child homicide, missing and abducted children, children exposed to domestic and peer violence and other forms of family violence. In his recent work, he has tried to unify and integrate knowledge about all the diverse forms of child victimization in a field he has termed *Developmental Victimology*.

Professor Finkelhor presented a comprehensive new vision to encompass the prevention, treatment, and study of juvenile victims, unifying conventional subdivisions like child molestation, child abuse, bullying, and exposure to community violence. He looked at child victimization across childhood's span and yielded fascinating insights about how to categorize juvenile victimizations, how to think about risk and impact, and how victimization patterns change over the course of development. He presented new thinking about barriers that victims and their families encounter when seeking help, in ways that may inform development of more effective services.

Topics included in Professor Finkelhor's presentation were Developmental Victimology -- overview and key concepts, Declines in Child Victimization -- implications for prevention, Internet Crimes against Children --myths and realities, and Poly-victimization -- toward an integrated field.

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AWARDS & HONORS

In recognition of his work mentoring UVa undergraduate and graduate students, and facilitating interaction of those students with leadership through the CIAG at UVa, **Dr. Greg Saathoff** was asked to provide the luncheon address "On Mentoring" to 200 participants of the 162nd Annual Meeting of the St. Anthony Hall Society. The meeting was held in Charlottesville on January 10, 2009 and included chapter representatives from Princeton, Columbia, Yale, MIT, UNC and UVa.

In recognition of his federal project within the National Capital Region developing a concept originating within the CIAG, **Dr. Greg Saathoff** served as a principle moderator and also received an award for his contribution to Homeland Security by DHS Regional Director Edward Buikema during a ceremony at a DHS Preparedness Summit in Chicago from 6- 7 January, 2009.

Dr. Bernice Marcopulos was just elected to be Secretary of the International Neuropsychological Society. Her 3 year term starts next month at the meeting.

The Scientific Program Committee of the American Psychiatric Association has selected **Professor Bankole Johnson**'s paper, entitled "*An Analysis of Two Promising Medications, Topiramate and Ondansetron, for Treating Alcohol Dependence: Results from Recent Large-Scale Clinical Trials*" to be presented at the 2009 162nd APA Annual Meeting in San Fransisco, CA May 16-21. This paper was submitted as part of the symposium "What's New in Pharmacotherapy for Alcohol Dependence?" proposed by Dr. Raye Litten Ph.D..

Lee M. Ritterband, Ph.D. has accepted a summer fellowship at Australian National University. See page 2 for detailed story.

Dr. Donna Broshek was named as Chair of the Women in Leadership Committee of the National Academy of Neuropsychology. The goal of the committee is to encourage women to seek leadership positions within the organization.

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CARE CENTER COMINGS & GOINGS

I would like to announce that **Dr. Stefania Fabbri** will be finishing her post-doctoral fellowship in February 2009 and has accepted a position as a psychologist with a local group in Charlottesville. She will continue to collaborate with Dr. Karen Ingersoll on her MOA grant. Please join me in congratulating her on this accomplishment and wishing her luck on her new phase of her career! We will miss having you with us full time, Dr. Fabbri!

On a related note, please join me in welcoming **Dr. Michelle Vaughan** who will be joining us as a full time post-doctoral fellow at CARE! She is already working part time at the Richmond CARE and will beginning working full time as the post-doctoral fellow in Charlottesville around mid Dec or Jan. 1, 2009! Thus, she will have time to overlap with Dr. Fabbri and learn from her prior to Dr. Fabbri's departure. We look forward to working with you, Dr. Vaughan!

Thanks,
Kim Penberthy, Ph.D.
Assistant Professor
Department of Psychiatric Medicine

BEHAVIORAL HEALTH & TECHNOLOGY NEWS

Holly R. Lord, Ph.D., joined Behavioral Health and Technology this month (January 2009) as a Research Associate. Holly recently earned her Ph.D. in Sociology from UVA and will work as a full time data analyst for our group.

Elaine T. Bailey, Ph.D., who was a fellow in Behavioral Health and Technology during 2007-2008 was awarded an Assistant Professor position in the Department.

Drew K. Saylor, research coordinator in Behavioral Health and Technology, was recently accepted into the UVA Medical School, class of 2013.

Jose Ortega, a graduate student in Psychology, will be a visiting scholar from UNED (Universidad Nacional de Educación a Distancia) in Madrid beginning March 1 through May 31.

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PUBLICATIONS

Alvarado, C.S. (2008). Note on Charles Richet's "La Suggestion Mentale et le Calcul des Probabilité"

Attix, D., Story, Chelune, G., Ball, J. D., Stutts, M., Hart, R., and **Barth, J. T.** (2009). Prediction of Change: Normative neuropsychological trajectories. The Clinical Neuropsychologist, 23, 21-38.

Clayton, AH, Guico-Pabia, C. (2008). Recognition of depression among women presenting with menopausal symptoms. Menopause, 15 (4), 758-767.

Detweiler M.B., Mehra A., Rowell T., **Kim K.Y.**, **Bader G.** (2009). Delirious Mania and Malignant Catatonia: Literature Review and Three Case Studies. Psychiatric Quarterly. *Accepted for publication*.

Howland, RH, Wilson, MG, Kornstein, SG, **Clayton AH**, Trivedi, MH, Wohlreich, MM, Fava, M. (2008). Factors Predicting Reduced Antidepressant Response: Experience with the SNRI duloxetine in Patients with Major Depression. Annals of Clinical Psychiatry, 20 (4), 209-218.

Hullfish, KL, Pastore, LM, Mormon,AJ, Wernecke, Y, Bovbjerg, VE, **Clayton, AH.** (2009). Sexual Functioning of Latino Women Seeking Outpatient Gynecologic Care. The Journal of Sexual Medicine. 6, 61-69.

Jabbarpour, Y.M., Jayaram G., Chapter 2, *Suicide, Safe Passage through Suicide Risk: Navigating the Failure Modes*; SAFE MD: Practical Applications and Approaches to Safe Psychiatric Practice, American Psychiatric Association, 2009.

Jagannathan, J., Okonkwo, D.O., Yeoh, H.K., Dumont, A.S., Saulle, D., Haizlip, J., **Barth, J.T.,** Jane Sr., J.A., and Jane, Jr., J.A.. (2008). Long-term outcomes and prognostic factors in pediatric patients with severe traumatic brain injury and elevated intracranial pressure. Journal of Neurosurgery: Pediatric, 2, 240-49.

Magee J.C., **Ritterband, L.M.**, **Thorndike, F.P.**, **Cox, D.J.**, Borowitz, S.M. (2008). Exploring the Relationship between Parental Worry about their Children's Health and Usage of an Internet Intervention for Pediatric Encopresis. Journal of Pediatric Psychology.

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PUBLICATIONS

Murphy P.F., Miyazaki Y., **Detweiler M.B., Kim K.Y.** (2009). Longitudinal Analysis of Agitation of a Therapeutic Wander Garden of Demented Patients Based on Ambulation Ability. Dementia: the International Journal of Social Research and Practice. *Accepted for publication*.

Thorndike, F.P., **Saylor, D.K.**, Bailey, E.T., **Gonder-Frederick, L.A.**, Morin, C.M., **Ritterband, L.M.** (2008). Development and perceived utility and impact of an Internet intervention for insomnia. E-Journal of Applied Psychology. 4 (2).

Yarlagadda, A, **Clayton, AH**. (2008). Update on Blood Brain Barrier: Thermoregulation and Role of calcium signaling in Neurotransmissions. Psychiatry (Edgemont), 5(12), 51-54.

Zitnay, G., Zitnay, K., Povlishock, J., Hall E., Marion, D., Trudel, T., Zafonte, R., Zasler, N., Nidiffer, F.D., DaVanzo, J., and **Barth, J.** (2008). Traumatic Brain Injury Research Priorities: The Conmaugh International Brain Injury Symposium. Journal of Neurotrauma, Oct., 25(10), 1135-52.

HR NEWS

From Genya Saunders…

Richard Morgan started on 1/5/09 as a Research Associate in Dr. Lynch's group. He was recruited from VCU. Here he will be involved in research on sex differences in the neurobiology of cocaine addiction as well as rat models of alcohol dependence for evaluating combined medication effects.

Holly Lord started on 1/5/09 as a Research Associate in Dr. Ritterband's group where she has been working for a year as a graduate student. Holly will oversee and perform statistical analyses on multiple data sets for projects conducted by Behavioral Health and Technology Lab.

Jessica Jones started on 1/12/09 as an Administrative Procedures Specialist in the new Juvenile Competence Restoration grant jointly investigated by ILPPP and Department of Mental Health, Mental Retardation and Substance Abuse Services in Richmond.

CLINICAL TRIALS

Dr. Anita Clayton's Center for Psychiatry Clinical Research would like to invite all physicians to consider one of our clinical trials for all of their patients. We currently have clinical trials for:

Hypoactive Sexual Desire Disorder
Generalized Anxiety Disorder

Potential subjects should not have more than this primary diagnosis that meet Axis I criteria.
If you think you have a subject who would benefit from being in one of our trials, please call:

Rachel Bailey, MS (243-4631) or
Royanne Dell, CCRC (243-4655)

CURRENT ENROLLING STUDIES
IRB-HSR#13557
IRB-HSR#13134
IRB-HSR#13636

Drs. Lee Ritterband and **Lora Baum** are conducting a research study on **Insomnia in Cancer Patients.** Adult participants who are in remission from cancer and experiencing disturbed sleep will receive access to an Internet insomnia intervention called SHUTi, as well as to self-hypnosis recordings. They will also attend an in-person interview, fill out online questionnaires at the beginning, middle, and end of the study, and track their sleep patterns daily for 4 months. Compensation is $100 for completion of the study. if you know of a potential participant, please have the contact the project coordinator:

Elaine Bailey, Ph.D.
(434) 924-2097
study@shuti.net

IRB-HSR# 13685

CART Project

Dr. Karen Ingersoll looking for volunteers for a research study testing an investigational counseling method, and if you are HIV positive and sometimes use cocaine. Compensation is up to $300 for completing 3 assessment sessions and 6 treatment visits over the course of 5-6 months.

Call toll-free at **866-485-5226**
email **cartproject@virginia.edu**.

IRB-HSR #12235

Dr. Bankole Johnson and Dr. Nassima Ait-Daoud are currently recruiting **alcohol and cocaine users for both in-patient and out-patient clinical trials**. The out-patient trials include eight or thirteen weeks of treatment to test the efficacy of medications to treat alcohol and/or cocaine dependence in combination with therapy and other forms of intervention. Subjects are compensated between $260 and $475 for treatment study completion. For alcohol and cocaine users not seeking treatment, the in-patient studies include two nine-day stays at the UVA hospital and participants are compensated up to $1900 for study completion.

Mindy Borszich
1-888-882-2345

IRB-HSR# 12350
IRB-HSR# 13419
IRB-HSR# 12381
IRB-HSR# 11599
IRB-HSR# 11578
IRB-HSR# 11620
IRB-HSR# 12790
IRB-HSR# 13201

ATX Alcohol Study

Dr. Heather M. Haughey is seeking volunteers ages 21 to 45 for a new investigational medication study examining **cravings for alcohol**. Participants will take two 5-day periods of an investigational medication (Strattera®) and make 5 outpatient visits to the UVa C.A.R.E. Clinic. Compensation is $150.

Phone: (888) UVA-2345
ask for ATX Study

HSR #13464

Project EARLY

Dr. Karen Ingersoll is looking for 18-44 year old women who are sexually active and drink alcohol. Women who volunteer and are eligible will be asked to provide information about their health behaviors and to take part in a one-time meeting with a counselor lasting between one and two hours and two follow-up meetings in 3- and 6-months. Women will receive up to $175 in reimbursement for their time.

(866) 485-5226

IRB-HSR #12794

***AD ASTRA* is the monthly newsletter created by the University of Virginia, Department of Psychiatry and Neurobehavioral Sciences. Our purpose is to keep the department informed of people and events that make this department at UVA extraordinary while promoting dialogue between researchers and staff.**

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Edited by Catharine Helms

The Back Page

Spring 2009
Department of Psychiatry & Neurobehavioral Sciences Neurobiology Section Lab Seminars

UVA North Fork Research Park
Location: UVA CARE Conference Room
Time 12:00Noon - 1:00pm
Date: Every other Friday

Feb 6th
"TBD"
Jennifer Wartella, Ph.D.

Feb 20th
"TBD"
Alev Erisir, M.D., Ph.D.

March 6th
"TBD"
Scott Strayer, M.D., MPH

March 20th
"The Use of Depot Naltrexone by Offenders Under Community Supervision"
Richard Bonnie, LL.B.

April 10th"TBD"
Amy Fansler, M.S.

April 24th
"Toward Prevention of Alcohol Exposed Pregnancies: Characteristics that Relate to Ineffective Contraception and Risky Drinking"
Stefania Fabbri, Ph.D.

May 8th
"Use of the Internet in Delivering Psychological Treatment"
Lee Ritterband, Ph.D.

Chris Bailey, Chief Neuropsychology Fellow, and his wife **Beth** are proud to announce the birth of their daughter **Charlotte Jan**e. Charlotte was quite punctual, arriving on her due date on December 5, and weighed 7lbs. 8 oz.

Please continue to send your news, upcoming events, recently published articles, and pictures for February.

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