INSTRUCTIONS FOR PATIENTS: CONTINUOUS VIDEO-EEG MONITORING

Instructions:

- You can sponge bath but do not wash your hair or head.
- Use button-up clothing. Notify the nurse for assistance when you change clothes. Do not disconnect yourself from the system.
- Make sure that someone is waiting outside the door when you are going to the bathroom.
- If school-aged, please let the nurse know so that she can make arrangements to attend school on the 7th floor.
- You may use a bandana to cover your head.
- Do not scratch your head. If your scalp itches too much, please let the nurse know.
- Do not chew gum. It interferes with the EEG reading.
- Do not take your own medications. The nurse will administer all your medication. There might be a delay in getting your morning antiseizure medications. The doctors will view your EEG in the morning and then decide on what medication to give and how much to give. The nurses will administer the antiseizure medication only after this decision is made.
- Do not apply any hair products containing oil or grease to your hair.
- Do not go outside your room. Stay in the vicinity of the camera.
- If you want to go to the day room, please let the nurse know and she will help you get there and continue the monitoring.
- Press the push button whenever you have strange feelings, feel that a seizure is going to start, have an event, or recognize that an event has just ended. When in doubt, always push the event button.
- Visitors: please make sure that you do not stand or sit in between the patient and the camera because it blocks our view.
- Please make sure that the night light above your bed is working at night. If it is not working, please notify the nurse.