

ADMISSION TO THE EPILEPSY MONITORING UNIT (EMU) FOR SCALP EEG MONITORING

Where should I go for the admission?

The UVA Hospital is located at 1215 Lee Street, Charlottesville. Please go directly to the EEG lab in the basement of the Primacy Care Center. If you have trouble finding the EEG Lab, you can get help at the Information Desk which is at the entrance of the hospital. After placement of the EEG wires onto your head, you will be guided to the Admitting Office. Even though your admission is scheduled, you may have to wait for a long time in the Admitting Office while your room is being prepared on “6 Central”, the central corridor on the 6th floor. Please make sure you will not miss your medication or food at this time.

When should I arrive?

You should arrive at the EEG Lab at least 15 minutes before the scheduled time.

Is there any preparation to be done?

Please wash your hair prior to your admission. Do not apply anything to your hair after washing your hair.

Will I have a private room in the hospital?

We cannot promise you a private room.

What are the visiting hours? Can anyone stay with me?

Visiting hours are from 9am to 9pm. Only 2 visitors at one time are allowed during the visiting hours. Only one person is allowed to stay with you at night after visiting hours; no one else is allowed to stay with you at night. A cot or roll-away bed will be provided for your guest.

What should I do if I cannot come for the admission?

Please call Sarah Ford at 434-924-2639 and let her know about the cancellation at least 24 hours before your scheduled day of admission.

What should I bring with me?

Although you can visit the Day Room and children can attend the Hospital School during the day, most of your time will be spent in your hospital room. So bring something to occupy you, such as reading material, stitching, puzzles, art work, or a laptop computer (wireless internet access is available). You will be allowed to wear your own clothes, so bring button up clothing that can fit over the wires that will be attached to you. Bring copies of all the previous medical records. Bring your current medications in its original container. However, when you are admitted, please do not take any of your own medications.

What should I expect to happen while I am in the hospital?

You will be continuously monitored with video and EEG. The purpose of this admission is to capture all types of your typical events and correlate them with your brain waves. We will try to provoke your events by weaning you off your anti seizure medication under supervision. If you know of anything that can cause you to have an event, discuss it with your doctors. Your safety is our priority. There is a monitor watcher who will be watching you all the time and will alert the staff about your seizure event. The staff is trained to take care of you and deal with all emergency situations.

How long will I have to stay in the hospital?

The length of hospital stay depends on how often you have these events. The average length of stay is 5-7 days, so prepare to stay for a week. On the day of discharge, you can expect to leave the hospital by 11am. Please make arrangements to get your ride on time.

Whom should I contact if I have more questions?

Please call Sarah Ford in the Epilepsy Clinic at 434-924-2639 or Jane von Gaudecker in the EMU at 434-924-2101.