

## Questions to ask for routine Multiple Sclerosis Follow Up

- 1) When were you diagnosed? What were your presenting symptoms? How were you diagnosed? Did you have an MRI, LP, VEPs?
- 2) How many relapses have you had? How many times have you been treated with steroids? Did you completely return back to baseline?
- 3) What immunomodulatory medication are you taking, if any? Any side effects? Injection site inflammation? Flu-like symptoms?
- 4) What medications have you been on the past? What side effects did you experience? Why were you switched off the previous medications?
- 5) When was your last imaging completed?
- 6) Have you had any new symptoms? Specifically, decreased vision, double vision, trouble swallowing, weakness, numbness, bowel or bladder concerns?
- 7) Any worsening of your symptoms in high temperatures.
- 8) How's your mood? How's your energy level?
- 9) Any cognitive concerns?
- 10) Are you able to walk unassisted? Complete your ADL's? Balance your checkbook? Etc.
- 11) Do you have any urinary urgency/incontinence/retention? Frequent UTI's? Erectile dysfunction?
- 12) Are you suffering from significant spasticity?

## Questions to ask for routine Myasthenia Gravis Follow Up

- 1) When were you diagnosed? What were your presenting symptoms?
- 2) Do you have AChR Antibodies or Musk Antibodies (may have to check chart)? Did you have a thymectomy?
- 3) What are your primary symptoms? Diplopia? (worse in which direction) Ptosis? Facial weakness? Dysphagia?(solids, liquids, where is it getting hung up?) Dysarthria? Neck weakness? Shortness of breath? Extremity weakness? Is it fatigable? Does it worsen throughout the day? How far can you walk? Can you climb stairs? Are you having problems with secretions? Do your symptoms worsen in the heat?
- 4) What medications are you taking? What immunomodulatory therapy? Are you taking Mestinon? How much, how often, and do you feel dependent on it? What other immunomodulatory treatments have you tried in the past? Why were you switched off? How often do you get your labs checked?
- 5) How is your quality of life? How much does your MG affect you? How does it limit your life? How's your mood?
- 6) Have you ever had any exacerbations? Have you ever been hospitalized? Have you ever been intubated? Have you ever received IVIG or plasmapheresis? Have you ever had a PEG/NG feeds?

Questions to ask for peripheral neuropathy/foot numbness?

- 1) Describe your symptoms. Specifically numbness, allodynia, burning pain? Where is it located? When did it start? Is it symmetric, focal, multifocal? Cranial neuropathy? Weakness? Do you slap your feet when you walk? Have you fallen?
  
- 2) Comorbid conditions are very important. DM? Rheumatologic diseases? ETOH (how much, for how long). Gastric bypass? Are you taking vitamin supplements? Renal failure? Hepatitis? Sarcoid? Thyroid?
  
- 3) Family history of neuropathy?
  
- 4) Autonomic symptoms? Orthostasis? Constipation, dry mouth, abnormal sweating? Nausea, vomiting, ED? Urinary symptoms?
  
- 5) Have you ever had an EMG/NCS?
  
- 6) Any neck pain/back pain? Any history of trauma? Pain worsens with valsalva?
  
- 7) Have you ever had any imaging?

## Questions for Parkinson's Patient

- 1) When were you diagnosed? What was your initial symptom? What side did your tremor affect first? When do you notice your tremor? Does it respond to the meds? Any clumsiness/slowness? Any stiffness? Difficulty ambulating? Any difficulty getting started/stopping/freezing? Any falls?
  
- 2) Any nightmares? Movements in your sleep?
  
- 3) Any dyskinesias? When do you notice them?
  
- 4) What time do you take your medications? When do your symptoms return?
  
- 5) Any change in your writing? Any difficulty swallowing? Any constipation?
  
- 6) How's your mood?
  
- 7) Any memory concerns?

### Questions for Headache Patient

- 1) Describe your headache. Distribution, Quality (pressure, stabbing, throbbing, ice pick), Pain rating (1-10/10), Radiation? Triggers? Frequency? Duration? Positional component? Worsen with valsalva? Visual symptoms/aura? Any worsening of your vision? Nausea, vomiting, photophobia, phonophobia? Sleep make it better? Weakness/numbness? Autonomic features- specifically sclera injection, change in pupil size, rhinorrhea, tearing? Are there daily headaches and killer headaches? When was the last time you were headache free? How many headache free days in a month? Any history of brain freeze headaches, motion sickness, meningitis, trauma? Any neck pain?
  
- 2) Medications: What do you take? (OTC meds, how much, how often?) Any narcotic usage? Any prophylactic meds? Which ones have you tried? How high of a dose did you try? Have you ever tried a triptan? Have you ever been hospitalized? Did you receive DHE, steroids, IV depakote, other? How many times have you been to the ED?
  
- 3) Mood/social stressors?
  
- 4) Social: Caffeine, how much, for how long, how often? Tobacco use?
  
- 5) Family History: family history of headache?
  
- 6) Imaging? How long ago?

### Questions for a seizure patient

- 1) Describe the seizure or episode of loss of consciousness.
- 2) Was there an aura?(funny smells, tastes, sense of fear?)
- 3) Where were you and what were you doing? Who witnessed it? How long did it last? Focality to the onset? (eye version, head version, asymmetric clonic activity?) Eyes open/closed? Tongue biting, bowel or bladder incontinence?
- 4) Post-ictal period: confusion, somnolence, duration, asymmetric weakness?
- 5) Recent illnesses, sick contacts, sleep deprivation? Medication noncompliance? New medications?
- 6) Are the episodes always witnessed? Do they occur during sleep or coming out of sleep?
- 7) History of Meningitis, Encephalitis, Trauma, stroke, other LOC? Normal birth and development?
- 8) Have you had an EEG, imaging?
- 9) What medications have you taken? Why were they stopped? How high of a dose did you get to?
- 10) Family history of seizures?
- 11) Have you been driving? What does your job entail?