

Build Your Own “Weekend Warrior” Nutrition Support Program

Thank you for considering hosting a Weekend Warrior program at your facility. Below you will find some information regarding the requirements of the program, program costs and other pertinent details. Please review the full information below and contact us with any questions.

Program requirements:

- A contact at your facility to coordinate the following aspects of the program:
 - Room reservations for a room with all equipment needed (equipment for Powerpoint presentations, internet access preferred, tables or desks for participants).
 - Local advertising
 - Information on nearby hotels for participants traveling to the conference
 - Directions to the facility and room, as well as parking information, etc.
 - Coordination of catering for lunches, coffee, water, etc.
 - Obtain any necessary approval of Continuing Education hours
 - Attend the conference to assist the speakers and participants as needed.
- Your facility would also provide:
 - Lunch (such as boxed lunches, etc) and light refreshments for participants for each day
 - Copies of handouts for all participants
 - Name badges and other conference meeting supplies

The cost of the program will vary depending on travel costs, number of speakers/hours requested, and a number of other factors.

If your group is able to meet the requirements to host a program and you are interested in proceeding with a more detailed proposal, please contact us! Below is the information that we will need to give you a cost estimate and a sample program outline:

1. Please provide us with the following information:

Name:

Name of facility that would be hosting the program:

Location of the program (i.e. name of medical center, conference center, etc):

Nearest Airport:

Names of a few appropriate nearby hotels:

Are you looking at a one-day or two-day program?

Do you have certain dates/time of year in mind?

2. Choose up to 2 hours (1 day program) or 4 hours (2 day program) of lectures for Carol Rees Parrish, MS, RD. Note: lectures are 1.0 hours unless otherwise indicated.

Enteral Nutrition (2 hours)
Short Bowel Syndrome
Pancreatitis
Gastroparesis
Celiac Disease
Chyle leaks
Nutritional Issues post Upper GI surgery
Outpatient PEGs / Post-PEG feeding
Refeeding Syndrome
Small Bowel Bacterial Overgrowth
The Malabsorption work-up
Hydration/ Oral rehydration therapy
Water safety and enteral feedings
Parenteral Nutrition
Nutrition in the ALS patient
Reinfusing intestinal secretions

3. Choose 2 hours (1 day program) or 4 hours (2 day program) for Joe Krenitsky, MS, RD. Note: lectures are 1.0 hours unless otherwise indicated.

Nutrition support in Acute Pancreatitis
Nutrition support in Hepatic Failure
Nutrition Support in Acute Renal Failure
Inflammatory Bowel Disease / Crohn's Disease
Gastric versus Jejunal Feeding
Evaluating the Literature/Evidence Based Practice (1.5 hours)
Fluid management in the ICU
Feeding the Hypotensive Patient - Stop, Yield or Proceed with Caution?
Critical Care Nutrition Support
Feeding the Mechanically Ventilated Patient
Nutrition Assessment
Nutrition support for the Obese ICU Patient
Calorie and Protein Requirements and Calculations for the ICU
Appetite Stimulants

4. 2 day program Optional Presentation: Fluid and Electrolytes with Case Studies (3.0 hours) by Dr. Eugene Corbett (note: this is a very popular presentation, however, it does increase costs to bring a third speaker):

5. Financial considerations—some questions we will need to know to determine the cost and financial details of the program:

- Does your organization plan to run registration and handle payments, or would you like UVA to handle this part? In most cases, UVA handles registration; however, occasionally, a group would like to run this part themselves.
- Does your organization plan to cover any of the costs of the program (i.e. use of educational funds, etc), or will all costs need to be met through registration fees?
- Do you plan to obtain corporate sponsorship for the program?

6. Please provide us with any additional information that you think would be helpful in planning the conference: