FLEXIBLE SIGMOIDOSCOPY INFORMATION

You have been scheduled for a Flexible Sigmoidoscopy procedure at the Digestive Health Center at the University of Virginia Hospital.

Your appointment is on _____. Please arrive to register at_____.

1. This procedure does not use sedation so you will be able to drive yourself after the procedure. You may have one person with you in the waiting room. Please leave all jewelry and piercings at home.
2. You may have a light breakfast that morning and you do not need to stop drinking fluids before this appointment.
3. Stop taking any medicines that contain Iron 5 days prior to your procedure.
4. If you are on prescription blood thinners please call us at 434-243-6346.
5. You will need to use 2 enemas at home about 2 hours before you leave to come to the hospital. You can buy enemas in your local drugstore. If you need directions on how use an enema call 434-243-6346.
6. Take your medicines for heart conditions and blood pressure as usual on the day of your appointment. Please bring a list of your current medicines with you.

You will receive a phone call the week prior to your appointment to answer questions and review instructions. Preparing for this procedure is very important! If you have questions, call 434-243-6346 Mon-Fri 8-4:30 to speak to an Endoscopy Coordinator. Thank you for using The Digestive Health Center at The University of Virginia.