# PEG PROCEDURE INFORMATION

You have been scheduled for a procedure to place a feeding tube at the Digestive Health Center at the University of Virginia Hospital.

Your appointment is on _____. Please arrive to register at_____.

1. You will need to have a friend or family member attend this appointment. They will need to be able to drive you home. We will need to be able to contact them at all times while you are with us.
2. Your time with us may range from 2-4 hours. In order to have seating for all Digestive Health patients, we ask that only one person be in the waiting room with you. Please leave all jewelry and piercings at home.
3. You should not eat solid foods, have tube feeding or drink milk products after midnight the night before your procedure. You may have liquids, except milk, until 2 hours before you arrive for your appointment. DO NOT drink anything after that time.
4. If you have medicines for heart conditions or blood pressure, please take them as usual on the morning of your appointment with a small sip of water. Please bring a list of your current medicines with you. If you use a machine at home to treat Sleep Apnea bring it with you to this appointment.
5. If you are on medicine for diabetes please call your Primary care doctor to have diabetic medicine doses changed for the day of your procedure, because you will not eat on the morning of your appointment.
6. If you are on prescription blood thinners please call us at 434-243-6346.
7. If you are having general anesthesia you may be asked to have additional lab work or other pre-testing as part of the preparation for anesthesia. If necessary, you will be contacted with further instructions.

You will receive a phone call the week prior to your appointment to answer questions and review instructions. Preparing for this procedure is very important! If you have questions, call 434-243-6346 Mon-Fri 8-4:30 to speak to an Endoscopy Coordinator. Thank you for using The Digestive Health Center at The University of Virginia.