Schedule

7:30	Registration and coffee
8am	Opening remarks: Stuart Lowson
8:10	Opiates-induced adverse effects: Jim Ray
8:35	Differential opiate tolerance: Marcel Durieux
8:55	Opiate induced hyperalgesia: Christina Hayhurst
9:20	Pain assessment: Nancy Eksterowicz
9:40	Offirmiv®: Brian Moran
10:20	Break
10:40	NSAIDs and Cox –2 inhibitors: Dave Volles
11:20	Tramadol and friends: Jim Ray
11:45	Lidocaine infusions: Marcel Durieux
12:10	Ketamine : Nadia Lunardi
12:40	Lunch
13:40	Magnesium and others : Marcel Durieux
14:00	Precedex™ and the multimodal approach to cardiothoracic surgery and pain on the ICU : Charles Brudney
14:35	The gabapentinoids and others: Dania Chastain
15:00	Non- neuroaxial blocks: Ashley Shilling
15:25	Exparel®: Laura Cark
15:50	Break
16:10	The patient on chronic opiates : John Rowlingson
16:35	The cost of opiate-induced adverse effects and summary: Stuart Lowson
16:50	Open forum
17:00	Closing

The Multimodal Approach to Peri-operative Pain: How To Decrease Our Dependence Upon Opiates

November 9, 2013

University of Virginia Health System

Department of Anesthesiology
PO Box 800710
Charlottesville, VA 22908-0710

The Department of Anesthesiology &
The Department of Pharmacology at the
University of Virginia Health System present

The Multimodal Approach to Peri-operative Pain: How To Decrease Our Dependence Upon Opiates

November 9, 2013

Jordan Hall

Conference Center Auditorium

Opiates are the most common cause of drug-induced adverse effects, both within and outside hospitals. This conference will discuss alternatives to opiates in the peri-operative, intensive care, and in-patient setting, with the goal of decreasing our dependence upon opiates for the use of pain.

Target Audience

This conference is designed for everyone involved in the care of those inpatients requiring analgesics: anesthesiologists, surgeons, pharmacists, nursing staff, and students from both medical and nursing schools.

Learning Objectives

1. To discuss the danger of opiate prescriptions and the many opiate-induced adverse effects
2. To identify alternatives to opiates
3. To explore new approaches to peri-operative pain based on non-opiate agents

Registration

We ask all attendees to register on-line at the symposium website. Registered attendees will be provided with a box lunch. Walk-ins are welcome the day of the conference, but we cannot guarantee a lunch unless you register by November 1.

Fees

Corporate sponsorship allows us to offer this symposium free of charge to all participants in order to attract residents, nursing staff, and students.

Location

All activities will take place at Jordan Hall Conference Center at the University of Virginia. The Center is located at the corner of Jefferson Park Avenue and Lane Road in the UVA Health System grounds. Parking is available on the surrounding streets or in nearby garages. There is no home football game on November 9, so parking will be easy.

Symposium Faculty

Guest Faculty

Laura Clark, MD, *Professor of Anesthesiology, Director of Acute Pain and Regional Anesthesia, Department of Anesthesia. University of Louisville School of Medicine*

Charles Brudney, MB BCh, *Associate Professor of Anesthesiology and Medicine, Medical Director VA Surgical Intensive Care Unit. Duke University Medical Center*

Brian Moran, RN, BSN, *Medical Science Liaison, Cadence Pharmaceuticals*

UVA Faculty

Dania C. Chastain, PhD, *Associate Professor of Anesthesiology, Director, Pain Psychology Division*

Marcel E. Durieux, MD, PhD, *Professor of Anesthesiology and Neurological Surgery*

Nancy B. Eksterowicz, MSN, RN-BC, APN, *Clinical Nurse Specialist*

Christina J. Hayhurst, MD, *Assistant Professor of Anesthesiology*
Nadia Lunardi, MD, PhD, *Assistant Professor of Anesthesiology*

Stuart M. Lowson, MBBS, *Associate Professor of Anesthesiology, Co-Director Surgical Critical Care.*

James B. Ray, PharmD, CPE, *Pharmacy Clinical Coordinator, Pain and Palliative Care*

John C. Rowlinson MD. *Cosmo A. DiFazio Professor of Anesthesiology, Director of Accute Pain Service*

Ashley M. Shilling, MD, *Associate Professor of Anesthesiology and Orthopaedic Surgery, Co-Director of Division of Regional Anesthesiology. Co-Director of Outpatient Surgical Center*

David F. Volles, PharmD, *Pharmacist*

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In order for industry speakers to able to present and discuss their products in an open forum, this symposium does not offer CME credits.

For more information

See the symposium page on the Department of Anesthesiology website, or contact Stuart Lowson, Program Chair, at sml4s@virginia.edu or Tara Devlin, administrative assisstant, at tls8d@virginia.edu or 434.243.9455. Copies of this brochure may be downloaded from the website and distributed.

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Conference homepage http://tinyurl.com/infoopiate2013